东方理工大学体育课课堂听课评价表

Evaluation Form for In-class Physical Education

课程名称: _____ **授课教师:** _____ **开课单位:** _____
Course Name **Lecturer** **Offering Unit**

课程类别: _____ **授课对象:** _____ **听课形式:** _____
Course Type **Target Audience** **Format of Attendance**

听课人: _____ **听课日期:** _____ **节次:** _____
Observer **Date** **Session**

听课地点: _____ **听课类型:** _____ **应到学生数:** _____
Location **Observation Type** **No. of Students enrolled**

实到学生数: _____ **迟到学生数:** _____ **提交时间:** _____
Attendance **No. of late Students** **Submission Time**

评分标准:（满分 100 分）**Evaluation Criteria（Full Score 100 Points）**

评分项 **Scoring Items**	**评分标准** **Scoring Criteria**	**分值** **Score Value**	**得分** **Score**
1. 教学目标明确 **Clarity of Lesson Objectives**	课程目标明确，学生能理解本节课的技能或体能训练目标。 Lesson objectives are clear, enabling students to understand the intended skills or fitness goals.	10	
2. 技能讲解清晰 **Clear Explanation of Skills & Techniques**	教师演示规范，动作要领讲解准确清楚。 Instructor demonstrations are correct, and key techniques are explained clearly.	20	
3. 训练内容合理 **Well-Designed Training Content**	训练内容科学合理，循序渐进，兼顾难度与安全。 Training content is scientifically designed, progressive, and balances difficulty with safety.	20	
4. 安全规范操作 **Safe and Standardized Practice**	重视安全，及时纠正不当动作，防止伤害。 Emphasizes safety and promptly corrects improper movements to prevent injuries.	20	
5. 教学指导有效 **Effective Student Guidance**	主动发现问题并指导，帮助学生提升技能，激发学生兴趣。 Proactively identifies issues and guides students to improve their skills, stimulate students' interest.	10	
6. 教学手段多样 **Effective Use of Teaching Methods & Tools**	合理使用多种教学手段（演示、器材、视频等）。 Effectively employs diverse methods (demonstrations, equipment, videos, etc.).	10	
7. 课堂互动充分 **Ample Student Engagement**	鼓励练习、比赛和团队合作，课堂气氛活跃。 Encourages practice, competition, and teamwork; maintains a lively class atmosphere.	10	

总分 Total Score:_____

总体评价与建议 Overall Evaluation and Recommendations:

主要优点与特色 Key Strengths and Distinctive Features：

改进建议 Suggestions for Improvement：

备注 Remarks：

1. 评分时应客观公正，避免主观臆断。
Scoring should be objective and impartial, avoiding subjective judgments.
2. 评语应简明扼要，突出重点，并提出改进建议。
Comments should be concise and to the point, highlighting key areas and providing improvement suggestions.